

## **HEALTH OFFICE (NURSE'S OFFICE)**

The goal of the school health office is to strengthen and facilitate the educational process by protecting and improving the health of both the students and staff. The New Jersey State Department of Education mandates school health services in all public schools. These services include maintaining immunization records and records of physical exam reports, exclusion of students with infectious conditions, health screenings that include vision, hearing, height, weight and blood pressure, care of urgent illness and injury, care of special needs students and administration of medications. ***The school nurse can be reached during school hours at CRS at 201-768-6526 press 2 or at LLE at 201-784-2084 press 2.***

The administration of prescription or over-the-counter medications should be avoided during school hours if possible. If it is necessary that your child require medication in school, an approved school medication form **must** be completed. Please contact the health office to obtain this form. NO medication will be given until this form is complete. The pharmacist with the child's name, doctor's name, name of medication, and directions for usage, must label all medicine that is brought to school. The permission slip will be in effect for the entire school year unless indicated by your doctor. All medication forms need to be renewed annually.

It is very important that your child's school health record is updated any time there is a change in his/her health status. Please inform the school nurse as soon as possible.

If your child does become ill or injured at school, the school nurse will give first aid and contact you. You can discuss with the nurse if your child needs further treatment or should go home.

(Over, please!)



The following is a list of indicators to assist you in knowing **when to keep your child home from school.**

- Vomiting within the last 24 hours.
- Diarrhea within the last 24 hours.
- Temperature of 100 degrees or higher within the last 24 hours. (Child may return to school when “fever free” **WITHOUT** taking anti-fever medication for 24 hours.)
- Strep is suspected. (Results of a throat culture have not been received.)
- Positive throat culture for strep throat. (Child may return to school no sooner than 24 hours after antibiotic treatment has begun.)
- Any symptoms of acute illness such as persistent cough, runny nose with body aches.



***Your child should look and behave like him/herself for 24-48 hours before returning to school!***

## WHY??



To protect him/her from exposure to more infection before he/she is able to build up a resistance.

To protect the other children and school staff from communicable disease that your child may transmit.

Please...promote hand washing in the family.

**Hand washing is the most effective means of preventing the spread of communicable diseases!!**

