Northern Valley Regional
School Counseling Program & The College Process

November, 2018

Matthew Spatz
District Director of Guidance
We at Northern Valley Regional High School District, provide an environment in which each student seeks answers to questions, challenges assumptions and develops self-worth. Our high schools encourage individual academic excellence, aesthetic appreciation and moral integrity. Recognition of academic and culture diversity promotes mutual respect and acceptance.

We provide a framework for the immediate and future concerns of our students. Such provisions require a constantly critical reevaluation of curriculum and course design to keep abreast of global research and new techniques within our respective disciplines. We promote students respect for learning and their desire to acquire knowledge through traditional as well as appropriate technological means.

Education requires a shared commitment. Therefore, the responsibility of the community is to support and complement the schools' philosophy and goals. This joint commitment of students, professional staff, Board of Education and community forms the basis for a challenging and effective program.
Professional School Counseling Program

- Aligned to Professional Standards
- Guided by best practices in Professional Associations and Organizations
  - American School Counseling Association (ASCA)
  - National Association of College Admissions Counselors (NACAC)
  - NJ School Counseling Association (NJSCA)
  - NJ Association of College Admissions Counselors
  - CollegeBoard
ASCA Comprehensive Program

- ASCA Model
  - Foundation
  - Management
  - Delivery
  - Accountability

- Three Student Domains:
  - Academic Development
  - College & Career Readiness
  - Social/Emotional Development
ASCA Comprehensive Program

- Mindset Standards
  - Psycho-social attitudes or beliefs students have about themselves in relation to academic work
  - Make up students’ belief system as exhibited through behaviors

- Behavior Standards
  - Learning Strategies
  - Self Management Skills
  - Social Skills
ASCA School Counseling Services

- Direct Services
  - School Counseling Core Curriculum
  - Individual Student Planning
  - Responsive Services
- Indirect Services
  - Consultation
  - Collaboration
  - Referrals
Personal / Social Development

Research supports link between social-emotional well being and student success

- Raise **self-awareness** and identify **strengths**
- Support and **reinforce life skills** for student well being
- Help students seek **balance** - in course planning and elsewhere
- including helping students **identify stress** and develop **coping skills**
Role of School Counselor

• 9th through 12th grade.
• Meets regularly to review progress, set goals and develop future plans.
• Schedules courses in accordance with requirements, interests & future plans.
• Assists in completing and interpreting learning style and career inventories.
• Interprets assessments
Role of School Counselor

- Assists college search & application process.
- Acts as intermediary with teachers and administration.
- Assists students and families to resolve issues.
- Referrals to SAC, outside professionals, I&RST and CST.
Four-Year, Developmentally-Appropriate Program

- (8th Grade)
- 9th Grade
- 10th Grade
- 11th Grade
- 12th Grade
8th Grade to 9th Grade Transition

- 8th Grade Parent and Student visits.
- 8th Grade Students visit during day.
- Individual Meeting - student, parents and counselors review recommendations and create appropriate 9th grade schedule.
- Peer Mentors host Spring Social and Summer 9th grade Orientations.
9th Grade Experience

- 9th Grade Parent Orientation Night
- Students meet with counselor individually:
  - Review transition issues
  - Check on academic status
  - Encourage co-curricular involvement

- 9th Grade Parent Program
- Freshman class meetings - Get Engaged / Everything Counts
9th Grade Experience

- Health Lab - with SACs
- Introduction to Naviance
  - Learning Style Inventory
  - Multiple Intelligences Inventory
  - Career Interest Profiler
  - Strengths Explorer
  - (All link to career clusters, majors and colleges)
- Individually review academic progress, 4-yr plan and future goals.
- Plan 10th Grade courses
- Opportunity to take SAT Biology Subject test
10th Grade Experience

- Continue Naviance program
  - “Do What You Are” inventory
  - Identifies personality traits
  - Links to career clusters, majors and colleges
  - Update resume

- Individual meetings - review academic progress, 4-year academic plan and future goals.

- Plan 11th Grade courses
10th Grade Experience

- Sophomore Parent Night - December
- Opportunity for PSAT in October.
- Review PSAT results - may sign up for BigFuture through CollegeBoard
- College Night (College Fair) - October
- Financial Aid Night - Fall
- College Admissions Panel - May
11th Grade Experience

- PSAT - October
- College Night (College Fair) - October
- Financial Aid Night - Fall
- Review PSAT results - sign up for MyRoad through CollegeBoard
- Junior Parent Nights - Fall & Spring
- Alumni Return Day - January
- Student workshops - Fall & Spring
- College Representative meetings - all year
- College Admissions Panel - May
11th Grade Experience

- Individual Student meetings
  - Review academic progress
  - Identify future goals & review academic plan
  - Plan 12th Grade courses
- Take AP, ACT, SAT and SAT Subject tests
- Individual Junior Parent Conference
  - Discuss college search process
  - Review application process
- Continue with Naviance
  - Career Search / College Match
  - Game Plan / Scattergrams
12th Grade Experience

- Take AP, ACT, SAT and Subject tests.
- Senior Parent Presentation - September
- Senior Class Meeting - September
- Individual conferences
  - College application process
  - Review academic progress
- Early Decision meeting - Fall
- Apply with Naviance
  - FERPA
  - eDocs manages application material
  - Students complete Senior Questionnaire
  - Parents complete Brag Sheet
12th Grade Experience

- Application Workshops
  - Late August - Application Bootcamp
  -Wednesdays
- Transcript Review
- Financial Aid Night - Fall
- College Fair - Oct.
- Transition to College program
- Graduation Exit Survey - May
# Importance of Various Factors in the Admission Decision: First-Time Freshmen

<table>
<thead>
<tr>
<th>Factor</th>
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<th>Limited Importance</th>
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<td>17.9</td>
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</table>

Source: NACAC Admission Trends Survey, 2017-18
Admission Criteria

- Grades in ‘College’ Prep courses
  - (Honors, AP, Dual Enrollment)
- Grades in all courses
- Strength of Curriculum (Rigor)
- Standardized Test Scores
- Personal Essays / Written Statements
Admission Criteria

- Counselor Recommendation
- Demonstrated Interest
- Teacher Recommendations
- Rank, Subject Scores, Extra Curricular
- Interview
Trends In College Admissions

- Applications remain strong - total number of student dropped; applications per student increased.
- Enrollment remains fairly constant.
- More focus on ‘First Generation’ ‘underrepresented’ & ‘International’
- Still emphasizes grades & test scores, but colleges appreciate grit and resilience.
- More students accessing 2-year colleges.
Trends In College Admissions

- Acknowledged increase in number of emotional-related issues delaying or interrupting matriculation.
- Clientele seek value, fit, job placement, opportunities
- Look ‘Beyond the Obvious’
- Colleges emphasizing future skill development, value, internships, research opportunities, advisement, placement.
- Colleges That Change Lives
- Where you Go is Not Who You’ll Be
College Outreach

- Counselor Visits to College Campuses
  - Counselors see campus first hand and experience official tour and presentation.
  - Counselors share information about college visits with fellow counselors and student upon their return.

- College Night (Hosted with Pascack Valley)
  - Over 160 schools represented each year.
  - Counselors meet with college representatives to share and update information.

- College Admissions Representatives
  - All Counselors have up-to-date contact information for representatives.
  - Representatives and counselors maintain communication.
Colleges Counselors Visited

- American University
- Amherst College
- Barry University
- Bergen Community College
- Berkeley College
- Bryn Mawr College
- Champlain College
- Christopher Newport University
- Colby-Sawyer College
- Colgate University
- Concordia - Montreal
- Dartmouth College
- Dominican College
- Drexel University
- Duke University
- Eckerd College
- Embry-Riddle Aeronautical University
- Emory University
- Fairfield University
- Felician College
- Flagler College
- Florida Institute of Technology
- Florida Southern College
- Florida State University
- Franklin Pierce University
- Furman University
- George Mason University
- Georgia Institute of Technology
- Granite State College
- George Washington University
- Hamilton College
- Hampshire College
- Haverford College
- Jacksonville University
- James Madison University
- Keene State College
- Keiser University
- Lynn University
- Marist College
- Mary Washington
- McGill University
- Montclair State University
- Mount Holyoke College
- Muhlenberg
- New England College
- New Hampshire Institute of Art
- New Jersey Institute of Technology
- North Carolina State
- Nova Southeastern University
- Pace University
- Pace University at Westchester
- Plymouth State University
- Quinnipiac University
- Ramapo College
- Richmond University
- Rider University
- Rivier University
- Roger Williams University
- Rollins College
- Sacred Heart University
- Saint Anselm College
- Saint Leo University
- Scranton University
- Siena College
- Smith College
- Southern New Hampshire University
- St. Thomas Aquinas College
- Stetson University
- SUNY Stonybrook
- SUNY Binghamton
- Swarthmore College
- Syracuse University
- The college of New Jersey
- University of Alabama
- University of Florida
- University of Georgia
- University of Maine
- University of Massachusetts at Amherst
- University of New Hampshire
- University of Notre Dame
- University of Tampa
- University of Vermont
College Connections

Over 140 colleges visit Northern Valley each year

- Juniors and Seniors attend.
- School counselor attends visit, takes notes, and shares information within department.
- Representative often read for our area.
- Students view/register through Naviance.
- Email invitation sent to student if college is on ‘prospective’ list.
- All visits are posted.
Colleges Who Visited Us

- Adelphi University
- Alfred University
- Babson College
- Ball State University
- Ball State University
- Barnard College
- Bates College
- Bennington College
- Bentley University
- Bergen Community College
- Berkeley College
- Binghamton University
- Bloomsburg University of Pennsylvania
- Boston College
- Boston University
- Brandeis University
- Bryant University
- Caldwell College
- Case Western Reserve University
- Castleton State College
- Centenary College
- Champlain College
- City University of New York
- City University of New York
- Clark University
- Clarkson University
- Colgate University
- College of Mount Saint Vincent
- College of Saint Elizabeth
- College of the Holy Cross
- Curry College
- DeSales University
- Dover Business College (Paramus)
- Drew University
- Duke University
- East Carolina University
- East Stroudsburg University of Pennsylvania
- Emerson College
- Fairleigh Dickinson University
- Fashion Institute of Design and Merchandising, Los Angeles
- Fashion Institute of Technology
- Felician College
- Franklin and Marshall College
- George Mason University
- George Washington University
- Gettysburg College
- Hampshire College
- Haverford College
- High Point University
- Hobart and William Smith Colleges
- IDC-Herzliya Israel
- Indiana University at Bloomington
- Ithaca College
- James Madison University
- Johnson & Wales University
- Juniata College
- Kean University
- Kent State University
- King’s College
- Lafayette College
- Lasell College
- Lehigh University
- Lesley University
- Lincoln Culinary Institute
- Lynn University
- Manhattan College
- Manhattanville College
- Marist College
- Marymount Manhattan College
- Mercy College
- Michigan State University
Colleges Who Visited Us

- Monmouth University
- Montclair State University
- Moravian College
- Mount Holyoke College
- Muhlenberg College
- New York University
- Northeastern University
- Northwestern University
- Nova Southeastern University
- Ohio State University
- Pepperdine University
- Plymouth State University
- Pomona College
- Providence College
- Purchase College
- Radford University
- Rensselaer Polytechnic Institute
- Richard Stockton College of New Jersey
- Roger Williams University
- Rowan University
- Sacred Heart University
- Saint Anselm College
- Saint Joseph's University
- Saint Michael's College
- Seton Hall University
- Siena College
- Skidmore College
- Southern New Hampshire University
- St. Francis College
- St. John's University - Queens Campus
- St. John's University - Staten Island Campus
- St. Thomas Aquinas College
- State University of New York at Albany
- Stevens Institute of Technology
- Stonehill College
- Stony Brook University
- SUNY College at Geneseo
- The College of New Jersey
- The George Washington University
- The Ohio State University
- The University of Akron
- The University of Arizona
- The University of Scranton
- The University of Tampa
- Towson University
- Tufts University
- Tulane University
- University of Akron
- University at Buffalo The State University of New York
- University of Chicago
- University of Colorado at Boulder
- University of Connecticut
- University of Florida
- University of Hartford
- University of Illinois at Urbana-Champaign
- University of Massachusetts, Amherst
- University of Massachusetts, Lowell
- University of Michigan
- University of New Hampshire
- University of New Haven
- University of Rhode Island
- University of Rochester
- University of South Carolina
- University of Southern California
- University of Vermont
- Ursinus College
- Utica College
- Vanderbilt University
- Washington University in St. Louis
- Wellesley College
- West Chester University of Pennsylvania
- Western New England University
- Wheaton College MA
- Widener University
- William Paterson University of New Jersey
- Worcester Polytechnic Institute
- York College of Pennsylvania
# Transcript

<table>
<thead>
<tr>
<th>Grade 9</th>
<th>Grade</th>
<th>Credits</th>
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<tbody>
<tr>
<td>15-16 Old Tappan High School</td>
<td>Biology 1 Honors</td>
<td>B</td>
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<tr>
<td>Concert Band</td>
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<tr>
<td>English 1 Honors</td>
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<tr>
<td>Freshman Health</td>
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<tr>
<td>Geometry</td>
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<tr>
<td>Life Skills</td>
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<tr>
<td>Physical Education 1</td>
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<tr>
<td>Spanish 2</td>
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<tr>
<td>World Civilizations/Cultures</td>
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Year Earned Credits: 8.330  Weighted Cumulative GPA: 3.646

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<tr>
<th>Grade 10</th>
<th>Grade</th>
<th>Credits</th>
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<tr>
<td>16-17 Old Tappan High School</td>
<td>Algebra 2</td>
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<td>Chemistry 1 Honors</td>
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<td>Driver Education</td>
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<tr>
<td>English 2 Honors</td>
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<tr>
<td>Physical Education 2</td>
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<tr>
<td>Spanish 3</td>
<td>A-</td>
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<tr>
<td>US History 1</td>
<td>C+</td>
<td>1.00</td>
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<tr>
<td>Wind Symphony 1</td>
<td>C</td>
<td>1.00</td>
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Year Earned Credits: 7.330  Weighted Cumulative GPA: 3.382

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<th>Grade</th>
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<tr>
<td>17-18 Old Tappan High School</td>
<td>AP Statistics*</td>
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<td>English 3 (E)</td>
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Year Earned Credits: 8.330  Weighted Cumulative GPA: 3.605

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Potential Credits

Year Earned Credits: 0.000

Year Earned Credits: 0.000
## Transcript

### Grade Scale

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<td>B+</td>
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<td>B-</td>
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<td>C+</td>
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<tr>
<td>I</td>
<td>Incomplete</td>
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<tr>
<td>T</td>
<td>Administrative Withdrawal</td>
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Through 2017-18, AP/Honors courses earned +1 weight.
Beginning with 2018-19, when calculating weighted GPA:
Enriched earns +.25; Honors earns +1; AP earns +1.25
The School Profile

- Updated and published yearly.
- Shared with all representatives who visit Northern Valley.
- Posted on Northern Valley website.
- Sent to each school along with each student application.
- Includes school information & updates; highlights student achievements.
School Profile Information

- Mission Statement and School information
- Special highlights and recognitions
- Post Secondary Education Statistics
- PSAT, SAT, Subject, ACT, AP Scores
- Honors, Advanced Placement and Dual Enrollment offerings
- GPA statistics and information
- District Graduation Requirements
- College attendance all students-past 3 years
Profile - Curriculum Details

**NEW JERSEY DEPARTMENT OF EDUCATION GRADUATION REQUIREMENTS**

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<th>Subject</th>
<th>Requirements</th>
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<tr>
<td>English</td>
<td>4 credits (AP English Language does not satisfy requirement)</td>
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<tr>
<td>Mathematics</td>
<td>3 credits (sequential, Algebra 1 at minimum)</td>
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<tr>
<td>Science</td>
<td>3 credits (inquiry based, including Biology)</td>
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<tr>
<td>US History</td>
<td>2 credits</td>
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<tr>
<td>World History</td>
<td>1 credit</td>
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<tr>
<td>World Languages</td>
<td>1 credit</td>
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<tr>
<td>21st Century Life &amp; Careers</td>
<td>1 credit</td>
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<tr>
<td>Visual &amp; Performing Arts</td>
<td>1 credit</td>
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<tr>
<td>Financial Literacy</td>
<td>0.5 credit</td>
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<tr>
<td>Physical Education &amp; Health</td>
<td>1 credit each year enrolled in NJ public</td>
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Minimum 24 Credits Required. Students must also demonstrate NJDOE-determined proficiency in both English Language Arts and Mathematics.

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**50 HONORS COURSES OFFERED**

<table>
<thead>
<tr>
<th>Subject</th>
<th>Courses</th>
</tr>
</thead>
<tbody>
<tr>
<td>English</td>
<td>English 1H*, English 2H*, English 3H* (Most rigorous Grade 11 offering - AP English Lang. &amp; Comp. is not an English 3 course), English 4 - World Mythology &amp; Archetypal Literature H*, Eng. 4 - Literature &amp; Philosophy of Asia H*, Advanced Journalism 2H*, Advanced Journalism 3H* (Electives)</td>
</tr>
<tr>
<td>Mathematics</td>
<td>Geometry H*, Algebra 2H*, PreCalculus H*; Multivariable Calculus H* (elective for super-accelerated students)</td>
</tr>
<tr>
<td>Science</td>
<td>Biology H*, Chemistry H*, (AP Physics is most rigorous Grade 11 Science course)</td>
</tr>
<tr>
<td>Social Studies</td>
<td>US History 1H*, (AP US History and AP World History are most rigorous Grade 10 and 11 Social Studies courses)</td>
</tr>
<tr>
<td>World Language</td>
<td>Chinese (2H, 3H, 4H)<em>; French (2H, 3H, 4H)</em>; Italian (2H, 3H, 4H)<em>; Japanese (2H, 3H, 4H)</em>; Korean (2H, 3H, 4H)<em>; Latin (2H, 3H, 4H)</em>; Spanish (2H, 3H, 4H)*; (Students beginning in level 1 Spanish or French cannot take AP Spanish, as AP course is at level 5)</td>
</tr>
<tr>
<td>Family &amp; Consumer Science</td>
<td>Advanced Child Development H (elective)</td>
</tr>
<tr>
<td>Music</td>
<td>Choir 2H, 3H; String Orchestra 2H, 3H; Wind Symphony 2H, 3H (electives)</td>
</tr>
<tr>
<td>Technology &amp; Engineering</td>
<td>Engineering Design H, Biomedical Technology 1H, 2H; Computer Programming H (electives)</td>
</tr>
<tr>
<td>Theatre Arts</td>
<td>Theatre Arts 2H, 3H (electives)</td>
</tr>
<tr>
<td>Visual Arts</td>
<td>Drawing Painting &amp; Mixed Media 2H (elective)</td>
</tr>
</tbody>
</table>

*Teacher recommendation, grade qualification or grade-qualified waiver required.
## Profile - Curriculum Details

### Advanced Placement Courses Offered
(62% of 11th and 12th Graders took at least one AP course in 2017-18)

<table>
<thead>
<tr>
<th>Subject</th>
<th>Courses</th>
</tr>
</thead>
<tbody>
<tr>
<td>English</td>
<td>English Language &amp; Composition*, English Literature &amp; Composition*</td>
</tr>
<tr>
<td>World Language</td>
<td>Chinese Language*, French Language*, Italian Language*, Japanese Language*, Spanish Language* (Students starting with Level 1 Spanish or French cannot take AP Spanish or AP French, as those AP courses are on level 5)</td>
</tr>
<tr>
<td>Music</td>
<td>Music Theory</td>
</tr>
<tr>
<td>Technology &amp; Engineering</td>
<td>Computer Science Principles</td>
</tr>
<tr>
<td>Visual Arts</td>
<td>Art History, Studio Art - Drawing, Studio Art - 2-D Design, Studio Art - 3-D Design</td>
</tr>
</tbody>
</table>

*Elective only. Does Not satisfy English 3 course requirement.

**Course fulfills academic graduation requirement.

*Teacher recommendation, grade-qualified ‘earn-in’ or waiver required.

*AP Exam required. Prior to 2015-16, exam was required for all AP courses.

### Dual Enrollment Courses Offered
11th and 12th grade students may earn optional college credit by enrolling through partner institutions for certain high school courses. Students are also encouraged to take one college-approved course prior to graduation.

Beginning 2016-17, courses are noted on the transcript as ‘approved for college credit through dual enrollment’.

<table>
<thead>
<tr>
<th>Accounting Honors</th>
<th>AP French</th>
<th>AP Italian</th>
<th>AP Japanese</th>
<th>AP Physics C</th>
<th>AP Spanish</th>
<th>AP Statistics</th>
<th>AP Studio Art 2D*, 3D* or Drawing*</th>
<th>AP US Government &amp; Politics</th>
<th>AP US History</th>
<th>BIOMEDICAL TECHNOLOGY 2, 2H</th>
</tr>
</thead>
<tbody>
<tr>
<td>Business Organization &amp; Management</td>
<td>Calculus (All incl. AP AB or AP BC)</td>
<td>Child Development 1</td>
<td>Chinese 3H</td>
<td>Concert Choir 2*, 2H*, 3*, or 3H*</td>
<td>Culinary Arts 1</td>
<td>Drawing, Painting, Mixed Media 2H</td>
<td>French 3H; French 4H</td>
<td>English 4</td>
<td>Guitar 1</td>
<td></td>
</tr>
<tr>
<td>ITALIAN 3H</td>
<td>JAPANESE 3H</td>
<td>LATIN 3H</td>
<td>MARKETING 2: ADV. &amp; PROD. DEV.</td>
<td>MUSIC THEORY &amp; TECHNOLOGY</td>
<td>SPANISH 1</td>
<td>SPANISH 4H</td>
<td>SPANISH 5</td>
<td>STRING ORCHESTRA 2*, 2H*, 3*, or 3H*</td>
<td>WIND SYMPHONY 2*, 2H*, 3*, or 3H*</td>
<td></td>
</tr>
</tbody>
</table>

*Students may register for credits in the corresponding college course only once.
Profile - GPA Details

Grade Scale, Course Weighting, GPA Calculation, GPA Distribution and Class Rank

Grade Scale and GPA:
100-point scale course grades correlate to letter grades. Final letter grades convert to a 4.0 GPA scale (revised starting 2018). Prior to 2018-19, Honors and AP courses received +1.0 in the weighted GPA. Beginning 2018-19, Enriched (E), Honors (H) and Advanced Placement (AP) courses receive additional GPA weight according to table below. The Class of 2019 will not see impact of new grade scale until 7th semester.

GPA is calculated using final grades in all completed courses. Remedial courses are included in GPA. New credit courses taken through summer school, virtual school or third party providers are not included. All transfer grades are included where possible; otherwise, they are awarded P (Pass) or F (Fail) and do not calculate into the GPA.

GPA is calculated at the end of 4th, 6th, 7th and 8th semesters. Each course’s GPA value is multiplied by the credits earned (including half potential credits for 7th semester) to determine quality points. GPA value equals the total quality points earned divided by total credits attempted (including half potential credits 7th semester).

GPA Statistics & Distribution: GPA distribution details for the class of 2019 are displayed on the table (left).

Class Rank:
Within our very challenging academic environment, most students earn exemplary grades. Comparisons among students inherent in class rank unnecessarily increase competition, stress and anxiety. Northern Valley does not publish class rank, percentile or decile. Institutions requiring such information for admission or scholarship consideration should communicate directly with us.

School Enrollment and Course Enrollment:
Courses are noted on the transcript if a student is enrolled past Quarter 1. Changes to a student’s school or course enrollment status after initial transcripts have been sent will be communicated to institutions.

Discipline Disclosure: NVRHS does not disclose student discipline in application reports.
# Profile - Class Statistics

## School and Class Statistics

### Post Secondary

<table>
<thead>
<tr>
<th>Class Year</th>
<th>2018</th>
<th>2017</th>
<th>2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>% Four-Year College Matriculation</td>
<td>91</td>
<td>90</td>
<td>94</td>
</tr>
<tr>
<td>% Two-Year College Matriculation</td>
<td>5.5</td>
<td>4.6</td>
<td>3</td>
</tr>
<tr>
<td>% Military/Vocational/Others</td>
<td>3.5</td>
<td>5.1</td>
<td>3</td>
</tr>
<tr>
<td>Class Size</td>
<td>255</td>
<td>238</td>
<td>280</td>
</tr>
</tbody>
</table>

### National Merit

<table>
<thead>
<tr>
<th>Class</th>
<th>Commended</th>
<th>Semi-Finalists</th>
<th>Finalists</th>
</tr>
</thead>
<tbody>
<tr>
<td>2019</td>
<td>19</td>
<td>6</td>
<td>Awarded Spring</td>
</tr>
<tr>
<td>2018</td>
<td>9</td>
<td>4</td>
<td>4</td>
</tr>
<tr>
<td>2017</td>
<td>21</td>
<td>3</td>
<td>3</td>
</tr>
</tbody>
</table>

NJ Semi-finalist Qualifying Index (222) is highest in National Merit Program.

### SAT Scores - Class of 2019

<table>
<thead>
<tr>
<th>Subject</th>
<th>Middle 50%</th>
<th>Mean</th>
<th>Students</th>
</tr>
</thead>
<tbody>
<tr>
<td>Biology - Ecology</td>
<td>600 - 730</td>
<td>669</td>
<td>29</td>
</tr>
<tr>
<td>Biology - Molecular</td>
<td>610 - 750</td>
<td>683</td>
<td>32</td>
</tr>
<tr>
<td>Chemistry</td>
<td>630 - 770</td>
<td>691</td>
<td>54</td>
</tr>
<tr>
<td>English Literature</td>
<td>630 - 730</td>
<td>674</td>
<td>10</td>
</tr>
<tr>
<td>Math Level II</td>
<td>730 - 800</td>
<td>754</td>
<td>54</td>
</tr>
<tr>
<td>Physics</td>
<td>580 - 780</td>
<td>693</td>
<td>13</td>
</tr>
<tr>
<td>U.S. History</td>
<td>630 - 770</td>
<td>696</td>
<td>18</td>
</tr>
</tbody>
</table>

### ACT Scores (Mean)

<table>
<thead>
<tr>
<th>Graduation Year</th>
<th>2019</th>
<th>2018</th>
<th>2017</th>
</tr>
</thead>
<tbody>
<tr>
<td>English</td>
<td>29.9</td>
<td>28.1</td>
<td>27.7</td>
</tr>
<tr>
<td>Math</td>
<td>28.3</td>
<td>26.5</td>
<td>26.7</td>
</tr>
<tr>
<td>Reading</td>
<td>29.6</td>
<td>27.1</td>
<td>26.2</td>
</tr>
<tr>
<td>Science</td>
<td>28.1</td>
<td>25.8</td>
<td>25.5</td>
</tr>
<tr>
<td>Composite</td>
<td>28.5</td>
<td>27.0</td>
<td>26.6</td>
</tr>
</tbody>
</table>


*Internal data - verified by ACT in subsequent year*

### AP Scholars

<table>
<thead>
<tr>
<th>Testing Year</th>
<th>2018</th>
<th>2017</th>
<th>2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>AP Scholars</td>
<td>43</td>
<td>36</td>
<td>35</td>
</tr>
<tr>
<td>AP Scholars with Honor</td>
<td>24</td>
<td>25</td>
<td>19</td>
</tr>
<tr>
<td>AP Scholars with Distinction</td>
<td>25</td>
<td>24</td>
<td>18</td>
</tr>
<tr>
<td>AP National Scholars</td>
<td>4</td>
<td>1</td>
<td>1</td>
</tr>
<tr>
<td>Total AP Scholars (avg. score)</td>
<td>92 (3.97)</td>
<td>85 (4.09)</td>
<td>72 (3.96)</td>
</tr>
</tbody>
</table>

### SAT Scores (Mean)

<table>
<thead>
<tr>
<th>Class of 2019</th>
<th>Class of 2018</th>
<th>Class of 2017</th>
<th>Class of 2017</th>
</tr>
</thead>
<tbody>
<tr>
<td>Reading</td>
<td>32</td>
<td>31</td>
<td>29</td>
</tr>
<tr>
<td>Math</td>
<td>34</td>
<td>33</td>
<td>31</td>
</tr>
<tr>
<td>Writing</td>
<td>34</td>
<td>33</td>
<td>31</td>
</tr>
<tr>
<td>Reading &amp; Writing</td>
<td>650</td>
<td>640</td>
<td>590</td>
</tr>
<tr>
<td>Mathematics</td>
<td>670</td>
<td>660</td>
<td>615</td>
</tr>
<tr>
<td>Total</td>
<td>1335</td>
<td>1310</td>
<td>1200</td>
</tr>
<tr>
<td>Class Size</td>
<td>258</td>
<td>255</td>
<td>238</td>
</tr>
<tr>
<td>Students Reporting</td>
<td>140</td>
<td>139</td>
<td>66</td>
</tr>
</tbody>
</table>

1. Scores through Spring Junior Year
2. Scores through Senior Year

### Advanced Placement

<table>
<thead>
<tr>
<th>Testing Year</th>
<th>2018</th>
<th>2017</th>
<th>2016</th>
</tr>
</thead>
<tbody>
<tr>
<td>Students Tested</td>
<td>413</td>
<td>313</td>
<td>253</td>
</tr>
<tr>
<td>Scored Exams</td>
<td>664</td>
<td>568</td>
<td>448</td>
</tr>
<tr>
<td>Subjects Tested</td>
<td>30</td>
<td>27</td>
<td>22</td>
</tr>
<tr>
<td>AP Students with scores 3+</td>
<td>304</td>
<td>226</td>
<td>191</td>
</tr>
<tr>
<td>% AP Students with scores 3+</td>
<td>74%</td>
<td>72%</td>
<td>76%</td>
</tr>
<tr>
<td>% Exams 3+ (% in required exams)</td>
<td>76% (83%)</td>
<td>76% (89%)</td>
<td>78% (89%)</td>
</tr>
<tr>
<td>Exams Scored 5</td>
<td>138</td>
<td>120</td>
<td>112</td>
</tr>
<tr>
<td>Exams Scored 4</td>
<td>183</td>
<td>156</td>
<td>126</td>
</tr>
<tr>
<td>Exams Scored 3</td>
<td>182</td>
<td>155</td>
<td>110</td>
</tr>
</tbody>
</table>

### PSAT Scores (Mean) - Class of 2019

<table>
<thead>
<tr>
<th>Reading &amp; Writing</th>
<th>Math</th>
<th>Mathematics</th>
<th>Reading</th>
<th>Writing</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>584</td>
<td>20</td>
<td>582</td>
<td>20</td>
<td>1166</td>
</tr>
</tbody>
</table>

200 Students Tested - Administered October, 2017
Colleges Attending - past 3 years

- Albright College
- Allegheny College
- American University
- Arcadia University
- Arizona State University
- Babson College
- Baldwin Wallace University
- Barnard College
- Bates College
- Bennington College
- Bentley University
- Bergen Community College
- Berklee College of Music
- Binghamton University
- Bloomsburg University
- Boston College
- Boston University
- Bowdoin College
- Brandeis University
- Brown University
- Bucknell University
- Caldwell University
- Carnegie Mellon University
- Case Western Reserve University
- Champlain College
- Clemson University
- Colgate University
- College of Charleston
- College of Mount Saint Vincent
- Columbia University
- Cornell University
- DeSales University
- Drexel University
- Elmira College
- Embry-Riddle Aeronautical University
- Emerson College
- Emory University
- Fairfield University
- Fairleigh Dickinson University
- Fashion Institute of Technology
- Florida Atlantic University
- Florida State University
- Fordham University
- Full Sail University
- Georgetown University
- Gettysburg College
- Hamilton College
- Harvard University
- High Point University
- Hofstra University
- Indiana University
- Iona College
- Ithaca College
- Johns Hopkins University
- Johnson & Wales University
- Keio University
- King's College
- Lafayette College
- Lehigh University
- Lewis & Clark College
- LIM (Laboratory Institute of Merchandising)
- Long Island University
- Louisiana State University
- Loyola University Chicago
- Loyola University Maryland
- Loyola University New Orleans
- Lynn University
- Manhattan College
- Marist College
- McGill University
- Mercy College
- Michigan State University
- Mitchell College
- Monmouth University
- Montclair State University
- Muhlenberg College
- Nassau Community College
- New England Conservatory of Music
- New Jersey Institute of Technology
- New York Institute of Technology
- New York University
- Northeastern University
- Northwestern University
- Pace University
- Pennsylvania State University
- Plymouth State University
- Pratt Institute
- Princeton University
- Purdue University
- Quinnipiac University
- Ramapo College of New Jersey
- Rensselaer Polytechnic Institute
- Rhode Island School of Design
- Ringling College of Art & Design
- Rochester Institute of Technology
Colleges Attending - past 3 years

- Roger Williams University
- Rowan University
- Rutgers University – New Brunswick
- Rutgers University – Newark
- Sacred Heart University
- Saint John’s University
- Saint Peter’s University
- San Diego State University
- Santa Barbara City College
- Savannah College of Art & Design
- School of Visual Arts
- Seton Hall University
- Siena College
- Smith College
- St. Lawrence University
- St. Thomas Aquinas College
- Stanford University
- SUNY at Albany
- SUNY at New Paltz
- SUNY College at Geneseo
- SUNY Maritime College
- Stevens Institute of Technology
- Stockton University
- Stony Brook University
- Syracuse University
- Tallahassee Community College
- Tel Aviv University
- Temple University
- Texas A&M University
- Texas Southern University
- The Capri Institute
- The College of New Jersey
- The Cooper Union for the Advancement of Science & Art
- The Culinary Institute of America
- The Curtis Institute of Music
- The George Washington University
- The New School
- The Ohio State University
- The University of Alabama
- The University of Arizona
- The University of Scranton
- The University of Tampa
- The University of the Arts
- Towson University
- Trinity College
- Tufts University
- Tulane University
- Union College
- United Stated Coast Guard Academy
- University of Buffalo SUNY
- University of Chicago
- University of Colorado
- University of Connecticut
- University of Delaware
- University of Florida
- University of Hartford
- University of Illinois
- University of Maryland
- University of Massachusetts
- University of Miami
- University of Michigan
- University of New Hampshire
- University of New Haven
- University of New Orleans
- University of North Carolina at Wilmington
- University of Notre Dame
- University of Oregon
- University of Pennsylvania
- University of Pittsburgh
- University of Rhode Island
- University of Rochester
- University of San Francisco
- University of South Carolina
- University of Southern California
- University of the Sciences in Philadelphia
- University of Vermont
- University of Victoria
- University of Wisconsin
- Vanderbilt University
- Vassar College
- Vaughn College of Aeronautics & Technology
- Villanova University
- Virginia Tech
- Washington University in St. Louis
- Wellesley College
- Wentworth Institute of Technology
- West Virginia University
- Wheaton College MA
- Wilkes University
- William Paterson University of New Jersey
- Worcester Polytechnic Institute
College Attendance

- Diversity of pathways
  - Two-year schools have increased
  - Gap year, career, military have increased

- Diversity of college placements
  - 220 - 250 different colleges
  - 35 different states
  - 4 different countries
## Application Statistics Nov. 2018

<table>
<thead>
<tr>
<th></th>
<th>NVD</th>
<th>NVOT</th>
<th>District</th>
</tr>
</thead>
<tbody>
<tr>
<td>Application Materials Submitted</td>
<td>2080</td>
<td>1905</td>
<td>3985</td>
</tr>
<tr>
<td>Students</td>
<td>228</td>
<td>238</td>
<td>466</td>
</tr>
<tr>
<td>Colleges</td>
<td>287</td>
<td>285</td>
<td>572</td>
</tr>
</tbody>
</table>

**Application Type**

<table>
<thead>
<tr>
<th>Application Type</th>
<th>NVD</th>
<th>NVOT</th>
<th>District</th>
</tr>
</thead>
<tbody>
<tr>
<td>Rolling</td>
<td>74</td>
<td>76</td>
<td>150</td>
</tr>
<tr>
<td>Regular Decision</td>
<td>980</td>
<td>755</td>
<td>1735</td>
</tr>
<tr>
<td>Early Action</td>
<td>861</td>
<td>825</td>
<td>1686</td>
</tr>
<tr>
<td>Early Decision</td>
<td>76</td>
<td>64</td>
<td>140</td>
</tr>
<tr>
<td>Priority</td>
<td>152</td>
<td>213</td>
<td>365</td>
</tr>
<tr>
<td>Other</td>
<td>69</td>
<td>10</td>
<td>79</td>
</tr>
</tbody>
</table>
College Satisfaction (’14 - ’18)

- Were you **admitted** into one of your top college choices? (86%)
- Are you **attending** to one of your top college choices? (85%)
- Overall, are you **satisfied** with your final college or post-secondary choice? (96%)
  - (Matches ‘Happiness Score’ from Princeton Review’s College Advisement Service)
Student Satisfaction (’14 - ’18)

- 41% - Extremely Satisfied
- 48% - Satisfied
- 7.8% - Somewhat Satisfied
- 2.6% - Neither Satisfied Nor Dissatisfied
- 0.2% - Somewhat Dissatisfied
- 0.1% - Dissatisfied
- 0.1% - Extremely Dissatisfied
Feedback - Evolving our Program

• Survey students and parent throughout 4 years
• Provide more guidance to students in self-assessment and research
• Increase face time
• Integrate the application workshops
• Parent and Student Presentations - Break Outs (smaller groups)
Feedback – Evolving our Program

- More clearly identify reach, target, safety
  - (3 + 3 + 3)
- ‘Love Your Likelies’
- ‘Match to be made not Prize to be won’
- Identify traits & qualities of colleges before identifying names
- Draw a picture (literally) of how you view yourself in college
Naviance

- Strengths Explorer
- MI Advantage
- Learning Style Inventory
- Career Interest Profiler
- Do What You Are
- Road Trip Nation
- Resume
- Supermatch
- Enrichment

- College Visits
- Scholarships
- Scattergrams
- Majors
- Careers
- Application Management
- Goal Setting
- College Events
- College Lists
- Recommendations
Dear Matt,

On the night before you receive your first college response, we wanted to let you know that we could not be any prouder of you than we are today. Whether or not you get accepted does not determine how proud we are of everything you have accomplished and the wonderful person you have become. That will not change based on what admissions officers decide about your future. We will celebrate with joy wherever you get accepted - and the happier you are with those responses, the happier we will be. But your worth as a person, a student and our son is not diminished or influenced in the least by what these colleges have decided.

If it does not go your way, you’ll take a different route to get where you want. There is not a single college in this country that would not be lucky to have you, and you are capable of succeeding at any of them.

We love you as deep as the ocean, as high as the sky, all the way around the world and back again - and to wherever you are headed.

Mom and Dad